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conditions have had mixed results.

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these studies suggest that Chinese herbs help some lung cancer patients cope with the side effects of cancer treatment.

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acupuncture/moxibustion, Chinese herbal medicine, diet therapy, mind/body exercises (Qigong and Tai Chi), and Tui Na (Chinese massage). 3 TCM views the human body and its functioning in a holistic way.

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were originally sold as medicinal remedies. In Chinese folk medicine, medicinal congees (long-cooked rice soups with herbs), foods, and soups are part of treatment practices. Criticism Safety concerns

**Traditional medicine - Wikipedia**  
Traditional Chinese treatments also

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reduce pain and inflammation, but they focus on eliminating the cause of the arthritis and, thus, the disease itself. Acupuncture: Arthritis responds very well to acupuncture. When combined with moxa, it can relieve pain and reduce inflammation immediately. Some acute cases require only a few treatments.

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