

## Challenging Facts Of Childhood Obesity

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### Challenging Facts Of Childhood Obesity

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### Challenging Facts Of Childhood Obesity

Overweight and obesity are defined as "abnormal or excessive fat accumulation that presents a risk to health". Childhood obesity is one of the most serious public health challenges of the 21st century. The problem is global and is steadily affecting many low- and middle-income countries, particularly in urban settings.

### Noncommunicable diseases: Childhood overweight and obesity

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Childhood obesity has been called "one of the most serious public health challenges of the 21st century," and with good reason. ( 1 ) Obesity can harm nearly every system in a child's body-heart and lungs, muscles and bones, kidneys and digestive tract, as well as the hormones that control blood sugar and puberty-and can also take a heavy social and emotional toll.

### Child Obesity | Obesity Prevention Source | Harvard T.H ...

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Obesity in children is defined as a child having a body mass index (BMI) over the 95th percentile on child growth charts - this measurement takes into account height, age and sex. Although there is some debate about the best way to define child obesity, national child growth statistics show that the numbers are a major concern.

**Childhood obesity - why is it on the rise? - BBC Good Food**

obesity is greater than 2 standard deviations above the WHO Growth Reference median. Charts and tables: WHO growth reference for children aged between 5–19 years; Facts about overweight and obesity . Some recent WHO global estimates follow. In 2016, more than 1.9 billion adults aged 18 years and older were overweight.

**Obesity and overweight - WHO**

PHA was created to eliminate the nation's childhood obesity crisis that is preventing many of our children from having a healthy future. While we have seen progress among preschool age children, we continue to face an enormous challenge: Approximately 17 percent of U.S. youth have obesity, and nearly one in three children and adolescents are either overweight or have obesity.

**Facts About Childhood Obesity • Partnership For A ...**

Child obesity has quickly become one of the most serious health challenges of the 21st century. More often than not, obesity is the result of a flawed lifestyle. Although genetics can be a factor, it is more common now for children to be obese or overweight because of environmental and behavioral factors.

**Childhood Obesity Facts | Blank Children's Hospital**

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Childhood obesity is a complex health issue. It occurs when a child is well above the normal or healthy weight for his or her age and height. The causes of excess weight gain in young people are similar to those in adults, including behavior and genetics.

**Childhood Obesity Causes & Consequences | Overweight ...**

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